

Raising Your Awareness about Narcotics



10th ANNUAL 5K Run/Walk

Sunday, October 20, 2024 at 11:00 am

Registration begins at 9:30am

Race Location & Address: Start & Finish Lines at Loughran Park
Manor Place & Charlotte St. Kingston NY

Course Description: Flat and Fast
THERE WILL BE SIGNS AND VOLUNTEERS THROUGHOUT COURSE!

Awards: All participants receive a finisher's medal/keychain.

Proceeds: All funds will be used to host community events in collaboration with local youth organizations, parks and recreation departments, and area school districts.

Registration: \$30.

10th ANNUAL COMMEMORATIVE T-shirts guaranteed to the first 200 paid participants!

Make Checks to: Raising Your Awareness about Narcotics or R.Y.A.N.

Mail Registration and payment to: R.Y.A.N. * 19 Barclay St. * Saugerties, NY 12477

Contact Information: Carole Kelder 845-332-6701 or Lena Serrano at 845-706-4794

Website: Race forms are also available online at raisingawarenessrun.com

To register on **ZIPPYREG** go to <https://zippy-reg.com/register/ryans5k>

-----or complete the form, detach here and send to 19 Barclay Street Saugerties, NY 12477-----

R.Y.A.N. 5K RUN/WALK 10/20/2024 PLEASE PRINT LEGIBLY

Name _____ Gender _____ Age _____
Address _____
City, State Zip _____
Phone _____ E-mail _____

SHIRT SIZE (circle one)

Youth M Youth L Adult SM Adult M Adult L Adult XL Adult 2 XL Adult 3XL NONE

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion. I acknowledge that my photo may be taken and appear on social media.

Signature _____ **Date** _____

Parent or Guardian if under 18 _____

We're sorry, refunds will not be issued.

R.Y.A.N. merchandise available for purchase the day of RACE!