



Raising Your Awareness about Narcotics 5K Run/Walk



November 22, 2020-December 1, 2020

Contact Information: Carole Kelder 845-332-6701 or Randi Kelder 845-532-8681

This year's event is a VIRTUAL RUN. Here's how you do it:

- Register using this form or online at Eventbrite.
- Pick up your 6th ANNUAL RYAN's Run T-shirt and finisher's medal on November 22nd at OLE SAVANNAH SOUTHERN TABLE & BAR from 12:00pm to 3:00pm.
- Run or walk your 5K outside on a street, up a mountain or inside on a treadmill by December 1st.
- Award yourself the RYAN's RUN medal.
- Take a picture of yourself in your 6TH ANNUAL RYAN's Run T-shirt.
- Post your picture on our Facebook page for your chance to win one of 10 free registrations for next year's run.

RACE T-Shirts - 6th Annual R.Y.A.N.'s Run Long Sleeve T-shirts for registered participants. Limited supply, so register now.

Awards: All participants receive a finisher's medal.

Proceeds: Funds raised support community events, recovery efforts and safe sober living. R.Y.A.N. continues to work in collaboration with local rehabilitation centers, youth organizations and area school districts.

Entry Fee: Virtual Run/Walk \$20

Make Checks payable to: Raising Your Awareness about Narcotics or R.Y.A.N.

Mail Registration and payment to: The Kelder Family * 1568 Route 32 * Saugerties, NY 12477

USPS mailed registration forms should be postmarked by November 15th.

REGISTER ONLINE AT **EVENTBRITE**:

<https://www.eventbrite.com/o/raising-your-awareness-about-narcotics-15081984008>

Long Sleeve T-shirts are limited so be sure to register today!

-----detach here-----

R.Y.A.N. VIRTUAL 5K RUN/WALK 11/22/20-12/1/20 PLEASE PRINT LEGIBLY

Name _____ Gender _____ Age _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

SHIRT SIZE (circle one)

Youth S Youth M Adult SM Adult M Adult L Adult XL Adult 2 XL Adult 3XL NONE

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ **Date** _____

Parent or Guardian if under 18 _____

We're sorry, refunds will not be issued.